

# The Monitor

Fall 2017



DIABETES  
FOUNDATION  
OF MISSISSIPPI

When families are thrown into the uncertain world of diabetes, they can be overwhelmed, filled with doubt and need a shoulder to lean on. They need to hear, "It will be OK." A new life with diabetes is just that — a new life. Diabetes is a complex disease to manage and is mostly a balancing act. Even if one manages it very well, there can still be numerous obstacles and curve balls along the way.

But what if there were a place that provided the opportunity for children with diabetes and their families to come together and realize they are not alone on the roller coaster ride? A place where children with diabetes meet other children just like them who have to check their blood sugar multiple times a day, count carbohydrates and give insulin injections. A place where the parents of these children connect with other parents who understand the challenges of helping their child manage his or her diabetes. A place to establish lifelong relationships with people who become more like family and are a constant support system. The name of this place is Camp Kandu, and it is the cornerstone of what defines the Diabetes Foundation of Mississippi.



*Della Matheson of Miami Trialnet jokes with Jacob Forrester as he participates in a research study on the genetics of diabetes. Photo courtesy of the Clarion Ledger*

Families from all over Mississippi and even some from outside the state attend camp. Every camp hosts children and their families who have been to camp many times, as well as those who have been recently diagnosed and are at camp for the first time.

Sarah Fowler, 11, a camp veteran has been coming to camp every since she was diagnosed 7 years ago at the age of 4. Knowing the ins and outs of camp, Fowler now serves as a counselor in training (CIT) at Camp Kandu. "I like being able to meet people you wouldn't necessarily know otherwise," Fowler said when asked about her favorite aspect of camp, "and getting to share notes on how to deal with diabetes."

Nathan Evans, 12, who was diagnosed just last summer in 2016, attended camp for the first time last fall and enjoyed it so much that he and his parents came back for spring camp 2017. "I like meeting people who also have diabetes," Nathan said when asked about his favorite thing at Camp Kandu.

Bella Nichols, 9, has also been attending camp since she was diagnosed in 2013. She exclaimed, "I have three things: going on the huge tree house, going canoeing with my friends and not being the only one who has diabetes."

At Camp Kandu children and families see that they are not alone in their journey with diabetes. There are others just like them who get it. Others who understand, and are dealing with and overcoming the challenges of diabetes every day, just like they are. There is a mutual understanding among these children and it is a beautiful and amazing thing to see unfold at Camp Kandu.



After coming to camp and witnessing the fellowship and the reality of it all, the parents of the newly diagnosed realize that yes, in fact, everything will be all right. Their minds can rest easy because they now have a lasting circle of friends who understand the world of diabetes and who are determined to help their child live well and thrive with this disease. For it is here at Camp Kandu where children with diabetes grasp the idea that they "kandu" anything, despite the challenges of diabetes.

This is only a glimpse into the spirit of Camp Kandu and the difference it makes in numerous lives. The Diabetes Foundation of Mississippi encourages all children influenced by diabetes and their families to come to camp to experience the change and the difference.

**Save the date for FALL CAMP November 11 - 12**

# Mississippi's Walks for Diabetes

## Walk to *Save Lives and Keep Hope Local*

Every day, the Diabetes Foundation of Mississippi is on the front lines of helping people all over the state cope with diabetes.

Now you can be there for those living with this complex and challenging disease. Help the Diabetes Foundation of Mississippi in its mission to save lives every day by becoming part of Mississippi's Walk for Diabetes at the location near you.

The 2017 walk theme is Mardi Gras, so bring out those beads and masks and assemble your "krewe."

These walks support our programs which provide life-saving medications, research, Camp Kandu (the only camp for kids with diabetes *and* their families), and much more. The DFM strongly believes that those with diabetes can still live a life without limits.

With your support, the DFM can continue to give this help and hope to all of those in the state who have been touched by diabetes, so the DFM invites teams and individual walkers to give generously. ***Rest assured that every dollar raised by the DFM will stay in Mississippi to go toward helping Mississippians improve their quality of life.*** is necessary for the DFM to continue its work. So form your walk team and be part of Mississippi's Walk for Diabetes, as you walk to save lives and keep hope local.. Remember, every dollar raised stays in Mississippi to go toward helping those in our state who have been touched by diabetes.

There are no limits to how much you can raise, and those who bring in the largest donations (\$2500 and up) will be entered into a drawing and receive statewide recognition. The DFM asks that you give or get a minimum donation of \$25 to participate, and those raising \$50 and above will receive a commemorative T-shirt! Remember that every dollar is responsible for improving and even saving countless lives.

For times and registration details, please call the DFM at (601) 957-7878 or visit [msdiabetes.org](http://msdiabetes.org). We will provide a free picnic lunch to participants immediately following the walk, and all teams and individuals are welcome. Find the walk nearest you and come support the Diabetes Foundation in its mission to save lives every day and to keep hope local. See you at the starting line!



### 2017 Locations

Gulf Coast:	September 16	Jones Park
Jackson:	October 1	Southern Farm
Meridian:	October 8	Bonita Lakes
Columbus:	October 15	Riverwalk
McComb:	October 28	Railroad Depot
Hattiesburg:	October 29	Longleaf Trace
Oxford:	November 5	Lyceum Loop

For times and registration details, call the DFM at (601) 957-7878, visit [msdiabetes.org](http://msdiabetes.org) or check out the DFM's Facebook page.







# Join Us

## 2018 DFM Invitational

April Date TBD

Dancing Rabbit Golf Club

The DFM Invitational is being rescheduled to April 2018 at Dancing Rabbit Golf Club in Philadelphia, Mississippi. Your participation will help the Diabetes Foundation of Mississippi fund Camp Kandu. You will be assisting the DFM with providing emergency medical supplies, emotional support for families, educational opportunities, and other services for those Mississippians living with diabetes. You are also helping fight complications of diabetes, such as heart disease, kidney disease, strokes, amputations and blindness. Remember, every dollar raised by the DFM stays in the state. You can help bring the DFM closer to its goal of providing care for today, a cure for tomorrow and better quality of life for all Mississippians touched by diabetes.

## Camp Kandu: Fall 2017



November 11-12 at  
Twin Lakes Conference Center

A place where children with diabetes and their families come to make lifelong friendships and are assured they are not alone in their journey with diabetes: this is Camp Kandu. Be part of this amazing experience not only for children with diabetes but also for their families. The camp is free for children with diabetes but fills up quickly. Come learn about the different aspects of managing diabetes, as well as some of the latest technology in diabetes management.



## Bacchus Ball 2018

Come be part of the one of a kind Bacchus Ball on Saturday, February 10 at the Country Club of Jackson, as the Diabetes Foundation of Mississippi rolls out the Mardi Gras carpet for Bacchus Ball 2018! Originally organized by Warren and Elsie Hood, the party has grown each year and is the grandest of galas. It caters to those who enjoy the pure magic of Mardi Gras. So, wear your finest and bring your dancing shoes! Bid on incredible artwork, jewelry, sports memorabilia and amazing deals from prominent Jackson retailers. Held during Carnival Season, the Bacchus Ball celebrates the South's most legendary holiday while benefiting Mississippi's only diabetes organization caring for every child, every adult and every family affected by diabetes. As always, every dollar raised stays in Mississippi.



See other upcoming events on page 11

## An Apple a Day: Vitamin Supplements — Who Needs Them?



When a patient asks a dietician, “Should I take vitamins?” the response is sometimes similar to waving a flag in front of a bull. There is probably no more emotionally charged subject than that of “taking vitamin,” especially when presented to a dietician. None of us, who are maintaining our current weight, should need more vitamins than the amount provided by **wholesome** food choices. But how many people limit themselves to only wholesome food? Do you?

Many people are not getting all the nutrients their bodies need because of poor food choices, nutrient losses due to refining or poor cooking methods, medications, and stress — physical and emotional. Also, those on low calorie diets usually cannot get enough vitamins **and minerals** without a supplement. So frequently my answer is “Yes — BUT!”

First, he or she should be taught how to choose as balanced a diet as possible, whether eating at home or in a restaurant. Then knowing what that person has been eating in the past and plans to eat from now on, I often suggest a low potency vitamin-mineral supplement that will complement the diet. It may be necessary to cut the tablet in half to keep the dose low, making it truly supplemental. For many people extra magnesium is also needed, usually about 250 milligrams.

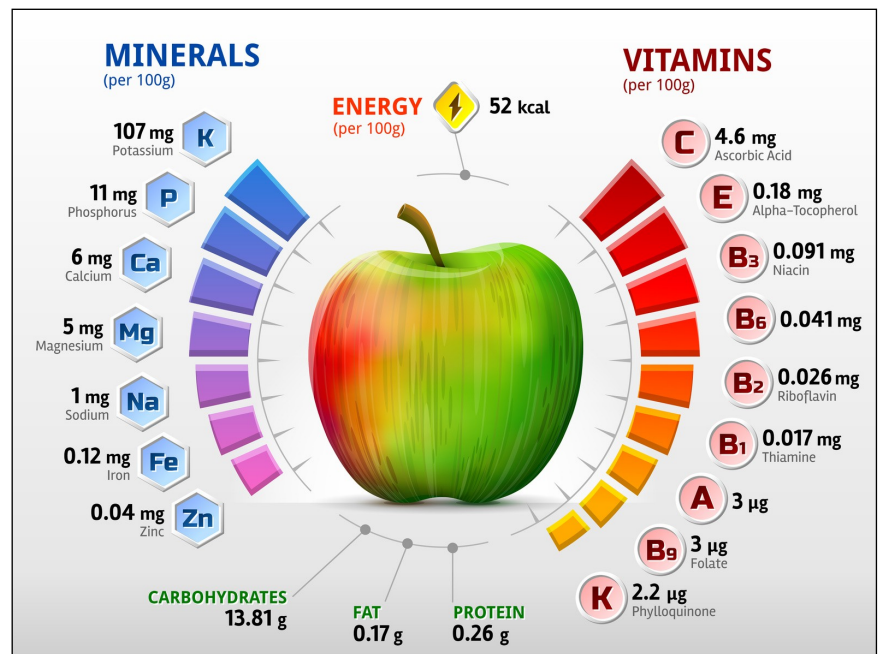
Why magnesium? Because many American diets are chronically low in this important mineral. Magnesium influences about 70 percent of the reactions in the body. It helps the body to use potassium and calcium properly, for antibodies, and it helps to provide energy. It also influences blood pressure and helps to control blood glucose and cholesterol levels.

Magnesium influences about 70 percent of the reactions in the body.

So if you have insulin dependent diabetes, or are on glucose-lowering medication, and your doctor or licensed nutritionist has recommended taking extra magnesium, monitoring your blood sugar becomes even more important as there may be a slight reduction in your insulin or medication requirement.

Usually it is a mistake to take vitamins alone without a **balance of all** the required minerals, vitamins, and iron, or simply a fortified breakfast cereal that claims to provide a whole day’s supply of nutrients in one bowl. In spite of the ads, these can usually make a poorly balanced diet even worse, or unbalance a good diet. No known vitamin-mineral supplement can take the place of a diet of truly wholesome food!

If you are in doubt about the quality of your diet and think you may need a supplement, it would be wise to have a registered, licensed dietician assess your personal nutrient needs in terms of amount **and balance** by computerized dietary analysis. There are many supplements on the store shelves, but not many of them are **balanced**, even prenatal supplements. When a supplement is needed check with a licensed nutritionist (registered dietician) to determine which one would be most helpful for you. *By Grace Ogden, M.S., R.D., L.D.*



## Making History: the Evolution of the Insulin Pump

Technology is developing and changing at a pace that is almost incomprehensible. Moore's law, the observation that the number of transistors in a dense integrated circuit doubles approximately every two years explains the exponentially faster and smaller computers we use daily.

Advancements in the field of diabetes technology over the last thirty or so years have made living with diabetes much more bearable. Although managing diabetes is a complex and never-ending process, technology such as home glucose meters has helped numerous people with diabetes find better quality of life.

One invention that has become a trademark of diabetes management is the insulin pump. When people hear the words “insulin pump,” they usually picture the newest and latest types of insulin pumps — the small, pager-sized ones. These handy pumps - easily be hidden under one’s clothes or in pockets -were not always available, certainly not in the first days of development of this wonderful piece of innovation.

Take a look at the evolution of the insulin pump and see how far technology has come in the realm of diabetes management.



1963: the first prototype of a pump that delivered glucagon as well as insulin was similar to a backpack and was developed by Dr. Arnold Kadish



**Dr. Arnold Kadish of Los Angeles, Calif., devised the first insulin pump in the early 1960s. It was worn on the back and was roughly the size of a Marine backpack.**

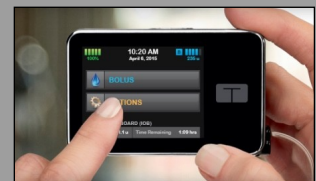


**One of the first wearable insulin pumps worn by Associated Press reporter Patrick Connolly in 1986. This 1-pound pump delivered a squirt of insulin every few minutes.**

1980: a controlled insulin infusion system was created; an implantable pump was developed and testing began on human subjects

1982: the first pump that allowed for programming of an individual basal rate was developed

1986: the implantable pump was implanted in the first patient that was not a test subject



**First touch screen pump**

1973: Dean Kamen invented the first wearable infusion pump, later to be used for insulin delivery for those with diabetes

1976: AutoSyringe began to manufacture and market the pump Kamen invented; developments of continuous subcutaneous insulin infusion (insulin pump therapy) began

2003: first insulin pump that also had the ability to monitor glucose levels was developed

2012: in the US, trials of artificial pancreases began

2015: first touch screen insulin pump with continuous glucose monitoring that can also deliver insulin in increments as small as 0.001 u/hr was released to the market



## A Look Back

### Ultimate Fashion Show 2017



*2017 Women of Excellence*

Jane-Claire Boyd Williams, MD, of GI Associates (left) and Dr. Beverly Hogan, President of Tougaloo College (right) were both honored with the Women of Excellence Award at the Diabetes Foundation of Mississippi's 2017 Ultimate Fashion Show. The event was held on Thursday, April 20 at the Country Club of Jackson and benefited the DFM. All proceeds will go toward Camp Kandu, the state's premier camp for children with diabetes and their families. The DFM would like to thank all the sponsors, models, guests and volunteers who attended the event and made it a success!



### 2017 Mississippi Corvette Classic

Engines revving up, old school tunes playing in the background, and people enjoying the simpler things in life was the scene at this year's Corvette Classic, hosted by the Mississippi Corvette Club (MCC) on July 15.



Shiny, powerful cars filled the Jackson Convention Complex as members of the MCC, as well as other Corvette enthusiasts from surrounding states, showed off their most prized possessions. Each Corvette maintained its individual personality but supported a single cause, as this event benefited the Diabetes Foundation of Mississippi (DFM).

The Corvette Classic was sponsored by the generous Jackson Convention Complex and the Central Mississippi Chevy Dealers (CMCD), who also displayed several new automobiles and trucks and offered a ride and drive experience.

Just like the rare and unique Corvette, the DFM is an organization that is truly special and individualized. The DFM is the only diabetes organization in the state that helps people directly, whether it be providing emergency diabetes supplies or being a source of comfort to the families of a newly diagnosed child. Without the continued support of the MCC and the proceeds from this event, the DFM would not be able to implement its programs and services to full capacity.



Therefore, the DFM would like to give a huge thanks to the Mississippi Corvette Club for its years of commitment to the DFM and its mission to save lives every day and to keep hope local.

### A Camp Recap: Spring 2017

Spring 2017 marked another successful Camp Kandu. It was adventure-filled as the Kandu Kids tested their karate skills, climbed the ultimate tree house, used their creativity for arts and crafts, and most importantly, rekindled old friendships and began new ones with others who are experiencing life with diabetes. Parents and grandparents also enjoyed camp as they listened to renowned speakers share how to help children live well with and manage diabetes. The DFM hopes to see all our campers again, as well as new families in November!



### Eagle Scramble 2017

Golfers wrapped another Eagle Scramble in black and gold as they played to show their support for the Diabetes Foundation of Mississippi. Commissioner Tom King once again participated in the tournament, and the DFM would like to extend its deepest thanks and appreciation to Comm. King, the teams, sponsors and volunteers who helped drive this event to its success.





## Memorials

### *Memorials given by Corinthian, Inc.*

**Carl Altman-** Your Brother, Your Sister  
**Mark Baker-** Your Step-sister  
**Glenda Baker-** Your Husband's Step-sister  
**Christopher Baswell-** Your Grandmother  
**John Blye-** Your Grandfather  
**Lindsey Bolton-** Your Grandfather  
**Wanda Brasfield-** Your Stepfather, Your Brother, Your Brother  
**Jerry Brock-** Your Grandmother, Your Mother-in-law  
**Janetta Bryant-** Your Mother, Your Sister-in-law  
**Davy Buckley-** Your Brother  
**Roy Burns, Jr.-** Your Father  
**Amanda Butler-** Your Grandmother  
**Darrell Chambers-** Your Sister-in-law  
**Angel Colon-** Your Sister-in-law  
**Joshua Crews-** Your Son  
**Joyce Crow-** Your Mother, Your Brother-in-law  
**Ontario Davis-** Your Grandmother  
**Travis Davis-** Your Mother  
**James Davis-** Your Stepfather  
**Brenda Deleshmit-** Your Husband  
**Johnnie Delk-** Your Mother  
**Kevin Ellis-** Your Wife's Grandmother  
**Jerry Elvington-** Your Mother  
**Ricky Farmer-** Your Mother  
**Jeffrey Flatt-** Your Grandfather  
**Coty George-** Your Grandmother  
**Billy Goforth-** Your Mother  
**Cathy Gordon-** Your Mother-in-law  
**Joseph Gray-** Your Father  
**Sharon Green-** Your Sister, Your Brother-in-law  
**Robert Grindle-** Your Mother  
**John Gunn-** Your Father  
**Adrian Gwyn-** Your Grandfather  
**Roxanne Harville-** Your Mother-in-law  
**George Harville II-** Your Stepmother  
**Sherry Hayes-** Your Grandmother  
**Ashley Hearn-** Your Mother-in-law  
**John Hester-** Your Grandmother  
**Larry Hodum-** Your Brother  
**Vera Holland-** Your Sister  
**Sharon Holley-** Your Mother-in-law  
**Letha Hood-** Your Father  
**Phillip Hoyle-** Your Sister  
**Glenda Jacobs-** Your Mother  
**Dexter Johnson-** Your Mother  
**Peggy Johnson-** Your Father

**Barbara Jones-** Your Brother, Your Brother  
**Jarrett Jones-** Your Father-in-law  
**Diane Kitchens-** Your Husband  
**Rejetta Lambert-** Your Sister, Your Father, Your Brother  
**Danny Mason-** Your Wife, Your Stepfather  
**Brandy Mayo-** Your Brother  
**Denise McGaughy-** Your Brother  
**Roscoe Mitchell-** Your Brother-in-law  
**Jeanne Monroe-** Your Brother  
**Jessica Moore-** Your Grandfather  
**Thomas Moss-** Your Father  
**Donna Mullins-** Your Father, Your Brother-in-law, Your Stepfather  
**William Nolder-** Your Grandmother  
**Tonia Oswalt-** Your Sister, Your Grandfather  
**Oscar Oswalt-** Your Sister-in-law, Your Wife's Grandfather  
**Sharon Pater-** Your Brother  
**Ann Patterson-** Your Father  
**Kimberly Pegg-** Your Grandmother  
**Rolando Pollard-** Your Sister  
**Phillip Prather-** Your Grandfather  
**Jesse Ratliffe-** Your Foster Mother  
**Jesusita Rivas-** Your Son  
**Roger Robbins-** Your Brother  
**Misty Robinson-** Your Mother  
**Danny Rodgers-** Your Grandmother  
**Tena Rodgers-** Your Husband's Grandmother  
**Martha Rutherford-** Your Father  
**Wardell Sheffield-** Your Father  
**Donna Shelley-** Your Father-in-law  
**Barbara Shook-** Brother  
**Elisha Sires, Jr.-** Your Mother-in-law  
**Krystal Smith-** Your Stepfather  
**Felix Soto-** Your Grandmother  
**Brenda South-** Your Brother-in-law  
**Zelma Spencer-** Your Brother-in-law  
**Timmy Strickland-** Your Mother  
**Ian Suitor-** Your Grandmother, Your Wife's Grandmother  
**Vickie Lynn Swinford-** Your Mother-in-law, Your Father-in-law  
**Jeffrey Taylor-** Your Mother  
**Bryan Trimble-** Your Father-in-law  
**Brandon Voyles-** Your Grandmother  
**Kenny Warren-** Your Mother  
**Lougene Washington-** Your Grandmother

**Fenton Whittemore-** Your Grandmother  
**Savannah Wiley-** Your Grandfather  
**Jonathan Willis-** Your Wife's Grandmother  
**Brenda Wooley-** Your Mother, Your Brother, Your Mother-in-law  
**James Worley-** Your Father, Your Grandfather  
**Joshua Wyman-** Your Grandfather  
**Linda Darnell Zills-** Your Sister

### *Mississippi Silicon Advisees*

**Dillion Butler-** Your Grandfather-in-law  
**Robert Cruz-** Your Sister  
**Terry Davis-** Your Grandmother  
**Jeffrey Hairrell-** Your Father  
**Mark Ivey-** Your Mother  
**Jonathan Lesure-** Your Grandmother  
**Bobby Massey-** Your Mother  
**Johnny Moore-** Your Grandfather  
**Tommy Ross-** Your Grandmother  
**Stephen Vick-** Your Grandmother-in-law  
**Jeremy Wadkins-** Your Grandmother  
**Chris Wilkins-** Your Mother  
**Wesley Wilkins-** Your Mother-in-law

### *In Memory of ... November 25, 2015 through July 5, 2017*

**Donald Aird**  
 Mark & Samela Beasom  
**Dennis Ray Atkins, Sr.**  
 Mr. & Mrs. Scott Cummings  
 D. J. Ponville  
**John Benson**  
 The Hon Ed & Jackie Benson  
**Linda Berch**  
 Jackie, Corky & Buddy Berch  
 Walter & Melitta Fort  
 Mark & Tracy Halbert  
 LaQuita Steen  
**Dixie Blankley**  
 Diabetes Foundation of Mississippi  
**Doris Brasfield**  
 Carole Brasfield  
**Mitchell Braswell**  
 Mr. & Mrs. Steve R. Scott  
**Billy Wayne Brown**  
 Dale & Beth Buckley  
**Dorothy Cargile**  
 Faye Dickerson



# The Monitor Memorials

## Ina Cole

Kathleen B. Brown

## F. Leroy Cooper

Bill and Barbara

## Samuel Joseph Crespino, Jr.

Carol Ann McGehee

## Jan Decesari

Randal & Mary Ann Woods

## Elowese Dawkins Deckler

Prestage Farms MS. Inc.

## Dianne Farragut

Ricky Ingargiola

## Melton Faulk

Brandon Rich

## Jack Files

Kathleen O' Bannon

Jane & Barry Box

Gerry & Jameel Damlouji

Ed & Laurie Day

Neil & Shirley Douglas

Gary Graham

Tan & Susan Hardy

Carolyn Laws

Bob McLeod

Jane Ruseel, Mike and Patti

Frank & Peggy Swayze

Johnson, Perry, Roussel &

Cuthbert

## Virginia Fortune

Inga & Jeff Frank

Mike & Melanie Dowell

## Dr. Ann Georgian

Melinda Winstead

## Evelyn Glenn

Dr. & Mrs. George Atkinson

Mr. & Mrs. Jerry Hoover

Erne and Joe Wilkins

## Anna Claire Gourlay

Mary Fortune

## Danny Hall

Julius O'Quinn

## Virginia Grantham Harris

Mr. & Mrs. Robert Bailey

Belinda & Danny Kerley

Johnny Kerley

## Billie Harrison

Phil and Jerre Baxter

Tom and Sharon Baxter

## Bettye Hawkins

Wicomico County Democratic

Central Committee

## Charlie Head

Robin & Debbie Callender

## Robert Hill, Jr.

Mrs. Garnett Hutton

Witherspoon & Compton, LLC

## Rodger Hodge

William and Norma Mullin

## Franklin House

Ray C. Weaver Mechanical Con  
tractors

## Evelyn Hurt

Sharon L. Hanks

## Jeffrey Jackson

Risk Management Partners

Jane & Jack Lee

## Jim Jones

Paul & Susan Walker

## Earnestine Jones

Paul & Susan Walker

## Colbert Jones

Family of McQua Jones

## Claude Vance Key

Nelda and Henry Wood

## Maggie Knight

Stormi Taylor

## Susan Julia Kraft

Randall and Karen Allen

Maxine Bierbaum

Carolyn Nix

Jimmie Van

Deacons at First Ridgeland

## William "Sonny" Lawson

Walter, Peggy & Todd Burns

Central MS Realtors

Chartre Consulting, LTD

Georgia Cline

Carl & Bonnie Derrick

Clyde & Ruth Fulk

Mark & Traci Gianfrancesco

Locust Hill Homeowners Assoc.

Jennifer Moak

Rod & Jane Moore

Dr. John Morrison

Lester Pinkus

Hanna Sahliyah, SEI Incentives

Doug Williams & Sarah Sawyer

Mr. & Mrs. Steven Smith

## Linda Lewis

Sandra & McQua Jones

## Glenda Poe Marion

Katheryne Vance

## Karen Rene Mathews

Gene Welch & Tri Star Employees

## Randy McClure

Mary Fortune and Irena McClain

and staff of the DFM

## Cleo McCormick

Mr. & Mrs. Roy Ward

## Gregory McEleven

Mr. & Mrs. Same Sandifer

## Elizabeth McLendon

Warner & Ann Wells

## David McMichael

Cliff and Leigh Johnson

## Mac McMillin

Mary Fortune & staff, Diabetes

Foundation of Mississippi

## John Meador

Florence T. Meador

## Frank Midurski

Wilma A. Johnson

Evelyn A. Ponzillo

## Melba Nail

Mr. & Mrs. Eric Goodman

## Gregory Norwood

Betty Sanders

## Melissa Colson Osborn

Deanna & Russell Simkins

Earl & Sam Simkins

## Lee Anderson Palmer

Mrs. Lynn Conerly

## Bill Pelphrey

Thursday Night Tournament

Friends

## Vardia Mae Prince

Mr. & Mrs. Steve Curry

## Barbara Puejak

Frances Martin-Falanga

## Johnny Pugh

Jo & Danny Murphy

## Virginia and Dave Ramsey

Mary Fortune & Staff, Roy

Ward & Board of Directors of

the DFM

## Melba Jewell Sanders

McQua and Sandra Jones

## Charles Shelton

Mrs. Ruby Shelton

## Stanley Slater

Mr. & Mrs. Robbie Michel

## Lady Smiles

Richard & Belinda Sanders

## W. Russell Squires

Donna & Gregory Meyer

## Clarence "Buck" Swain, Sr.

Mr. & Mrs. V. Miles

## Ivy Ann Swartzfgar

Rodney Hodges and the MS

Community College Board

## Garry Teel

Ryan Motors, Inc.

## Amy Touchstone

First National Bank of Clarks-

dale

## Julian Tucker

Dr. Lee M. Nicols





## Honorariums

*Honorariums.. 2015 through July*

**Rachel Burns**

Pastor Samuel F. Burns

**Thomas Crews**

Gena Hornsby

**Thomas Crews, Jr.**

Mr. & Mrs. Albert B. Hornsby  
III

**Dr. David Dzielak**

Ms. Michelle Tulac

**Rachael Evanson**

Patty Malone

**Allie Forrester**

Jennifer, Chris & Jacob

**Pamela & Tom Gerity**

Dr. & Mrs. David Krischer

**Forrest Zane Hodge**

Brenda Mansell

**Mr. & Mrs. McQua Jones**

Mr. & Mrs. John Sudduth

**Dr. Jessica Lilley**

Mrs. Julianna K. Bostrom

**Tucker Martin**

Steve & Teresa Martin

**Porter Miles**

Nancy's Bunko Group

**Lawton Poole**

Mr. & Mrs. Rick Poole

**Jim and Saralyn Quinn**

Dr. & Mrs. David Krischer

**David L. Ray**

Mr. & Mrs. Kenneth L. Guthrie

**Dr. Brian Rifkin**

Jennifer & Raymond Farcas

**Zoe Rooks**

Dr. & Mrs. Joseph Rogers

**Aiden Stanley**

Saum Chiropractic Clinic

**Sarah Sudduth**

Tami Belding

Otis Young

**David Williams**

Healthcare Financial  
Management Association

### *Continued Memorials*

**Trevor Tyner**

Mr. & Mrs. Robert Compton

**Douglas Washer**

Biloxi Business Men's Club

**John Watkins**

Tara Berch

**Melinda Wikinson**

John & Rita Morrison

**Clovis Williams**

Crosby Dental Group PA

**Mary Ann Greene Wilson**

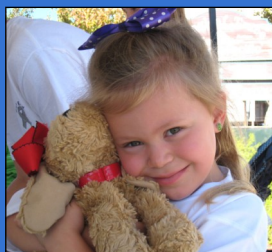
Jess & Janet Dickinson

## What Your Donations Support

Along with supporting the patient assistance and educational programs, your donations help the Diabetes Foundation of Mississippi continue its We Care 2 program.

Having this program means that the DFM is able to provide backpacks to newly diagnosed children and their families - often delivered to the hospital by a diabetes ambassador who has diabetes. Why are these backpacks so important? They include educational material for parents who are just learning about diabetes and how to help their child manage this chronic disease day in and day out; and, of course, the backpacks include the DFM's signature Sugar puppy that provides comfort to the children who have been newly diagnosed.

This program does not merely serve as a way to provide something physical for families. The We Care 2 program is true to its name, for through it, the DFM is able to connect with newly diagnosed children and their families and establish lasting relationships. We receive cards and photos often from our families who know our staff care that their children are living well with and thriving with diabetes.



## Calendar of Events

# MARK YOUR CALENDARS!



### September:

Sept. 26, 2017 DFM Invitational Golf Tournament

### October:

Mississippi's Walks for Diabetes (see page 2)

### November:

Mississippi's Walks for Diabetes (see page 2)

Nov. 11-12, 2017 Camp Kandu

### February:

Feb. 10, 2018 Bacchus Ball

### April:

April 19, 2018 Ultimate Fashion Show

### May:

May 14, 2018 Eagle Scramble

### TBA:

Continuing Medical Education Program (CME)

Diabetes Super Conference

Published by the Diabetes Foundation of Mississippi (DFM)

**Chairman of the Board**  
Roy Ward

**President**  
Rick Carlton, MD

**Executive Vice President**  
Mary D. Fortune

*The Monitor*, published quarterly, is the newsletter of the Diabetes Foundation of Mississippi, (DFM) the state's only nonprofit diabetes organization dedicated to preventing diabetes and associated complications and improving the lives of every child, every adult and every family touched by type 1 or type 2 diabetes. The DFM accomplishes this through education, medical assistance, support, advocacy and research.

Story ideas are welcomed and may be sent to [msdiabetes@msdiabetes.org](mailto:msdiabetes@msdiabetes.org) or mailed to:

Diabetes Foundation of Mississippi  
800 Avery Boulevard, Suite 100  
Ridgeland, MS 39157-5225  
(601) 957-7878  
[www.msdiabetes.org](http://www.msdiabetes.org)

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The Diabetes Foundation of Mississippi is recognized as a four star charity by Charity Navigator, putting the DFM in the top 8% of charities nationwide. The DFM is also top-rated by Great Nonprofits, a platform where supporters rate the foundation and tell their stories about how the foundation has helped them or someone they love in their journey with diabetes.

# Saving Lives and Keeping Hope Local

*Remember to find the walk nearest you, form your team and join the Diabetes Foundation of Mississippi at this year's Mississippi's Walk for Diabetes!*

*Saving lives every day  
and keeping hope local.*



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